# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

# COURSE OUTLINE

Course Title:	NURSING PRACTICE - CLINICAL EXPERIENCE					
Code No.:	NUR 316-21					
Programme:	NURSING					
Semester:	FIVE					
Date:	SEPTEMBER 1991					
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New: Revision:

APPROVED:

# CALENDAR DESCRIPTION

NURSING PRACTICE-CLINICAL EXPERIENCE

NUR 316-21

Course Name

Course Number

#### PHILOSPHY/GOALS:

The student will apply the nursing process in assisting patients to adapt to a new level of functioning in active treatment and chronic care facilities. In long-term care situations, the student will assist clients to achieve their maximum potential through physical and psychosocial support. Visits to related community agencies will be provided as well.

### METHOD OF ASSESSMENT (GRADING METHOD):

See Attached.

# TEXTBOOK(S):

As in Years 1 & 2

Optional: Techniques in Clinical Nursing

Barbara Kozier/Glenora Erb, 3rd Edition

# GRADING SCHEME;

- S Satisfactory
- U Unsatisfactory

Formative evaluation will be an ongoing process as arranged with your clinical teacher. A satisfactory final clinical evaluation is necessary in order to proceed to the Pre-Graduate Experience.

#### COURSE OBJECTIVES:

- 1. Use the process to facilitate optimum adaptation for clients who require intervention to adapt to a new level of functioning and/or require long-term care. (C-Evaluation)
- 2. Use adaptation theory as a conceptual basis for nursing practice to promote adaptation of clients who must adapt to a new level of functioning or who require long term care. (C-Application)
- 3. Interact in a facilitative and therapeutic manner with individuals and groups. (A-Valuing)
- 4. Demonstrate in nursing practice a commitment to protect the inherent worth and dignity of man. (A-Valuing)
- 5. Accept responsibilities of professional nursing. (A-Valuing)
- 6. Identify how the health care system affects current practice situations. (C-Analysis)
- 7. Relate nursing plan of care to that of other health team members. (C-Application)
- 8. Assume responsibility for continuous personal and professional development. (A-Valuing)

#### COMPONENTS OF NURSING PRACTICE CLINICAL EXPERIENCE COURSE

- 1. Clinical practice in the hospital setting utilizing Medical, Psychiatry, Long-term Services, Coronary Care and Intensive Care Units.
- 2. Nursing Skills Labs.
- 3. Community experience with selected agencies.

# CLINICAL PLACEMENT

Active treatment hospitals where clients have complex nursing requirements. The main focus is on the individual who requires long-term care and rehabilitation or who is in a life-threatening situation.

Plummer	Memorial	Public	Hospital	General H	ospital
2E 2W ICU				100B/100Y 200A/200Y ACU	
ecu Rivervi	ew Center			Community	Agencies

#### SAULT COLLEGE NURSING PROGRAM

#### NURSING PRACTICE CLINICAL EXPERIENCE

# CLINICAL OBJECTIVES

1990 YEAR III

student uses the nursing process for selected clients to The facilitate optimum adaptation for individuals at any point on the health-illness continuum with emphasis on the client who requires long-term care or is in a critical situation.

#### Α. **ASSESSMENT**

The student assess selected clients at any point on the healthillness continuum.

- The student 1) uses relevant method and source of data collection.
  - 2) collects data about client's overt and covert behaviour in each mode in an appropriate manner for the client's situation.
  - 3) classifies client's responses as adaptive or ineffective (and can support the classification).
  - 4) analyzes collected data to identify the focal, contextual and residual stimuli which influence the adaptive and ineffective responses.
  - 5) identifies the adaptation level of the client.
  - 6) evaluates adequacy of the data collected and obtains additional data when necessary.
  - 7) identifies nursing diagnosis that is consistent with and supported by assessment data.

#### PLANNING

The student develops a nursing care plan to assist adaptation of selected clients at any point on the health-illness continuum.

The student

- 1) bases care pian on nursing assessment.
- 2) relates nursing care plan to the plan of care of other health team members.
- 3) involves client and family in decisions affecting client's care
- 4 establishes priorities in developing care plan,
- 5) identifies short and long-term client goals in regaining adaptation.
- 6 maintains and promotes client's adaptive resources.
- 7 chooses nursing measures that are most likely to achieve identified goals for adaptation,
- 8 develops a teaching plan to meet the learning needs of selected clients,
- 9 refers clients to other hospital health team members.
- 10 refers clients to community agencies.
- 11 plans nursing care to use energy, materials and time efficiently.

#### **IMPLEMENTATION**

The student implements nursing care as planned to facilitate optimum adaptation of clients at any point on the health-illness continuum.

The student

- 1) carries out nursing interventions consistent with plan.
- carries out nursing skills consistent with scientific principles
- 3) maintains a safe and therapeutic environment,
- encourages client to carry out activities of daily living in the client's usual fashion,
- 5) makes effective use of time, energy and materials,
- 6) carries out teaching plan to meet the learning needs of clients.
- 7) demonstrates in practice an understanding of the dependent, independent and interdependent functions in the nurse's role.
- 8) Anticipates possible emergencies.
- 9) copes with unexpected or emergency situations with guidance.

# PLANNING (cont'd)

- 10) records accurately and promptly, significant information for total approach to care of client.
- 11) Initiates and maintains therapeutic relationships with guidance.
- 12) Assumes responsibility for the effect of own behaviour on other people.
- 13) Is able to analyze and seeks to improve interpersonal relations and communication skills,
- 14) communicates effectively with nursing team and other health team members.
- 15) demonstrates behaviour which reflects an effort to protect the worth and dignity of the individual.

#### EVALUATION

The student will evaluate the achievement of the goals set to facilitate the optimum adaptation of selected clients at any point on health-illness continuum.

The student

- 1) identifies client behaviour which will illustrate achievement of goal.
- assesses client's actual behaviour against goal set.
- 3) revises plan and implements modified plan.

#### ALL OBJECTIVES ARE MANDATORY!

#### HOURS

Attendance is highly valued and will be documented,

In accordance with the Ministry of Colleges & Universities' requirements, 384 clinical hours are offered during Semester 5.

# SAULT COLLEGE NURSING PROGRAM REQUIRMENTS

#### RELATED TO CLINICAL PRACTICE

### Elements of Nurse-Client Relationship

### A. Standard of Care:

- 1) Student performance meets minimum standard of competence required of registered nurse.
- 2) Student is prepared for clinical experience.

# B. Maintenance of Competence:

Student maintains satisfactory level of performance in all areas previously evaluated as satisfactory.

# °• Accountability:

Student is responsible for decisions made and accountable to client and institution.

# D. Respect for Dignity and Worth of the Individual:

Students will treat all clients with respect due another human being.

# E. Confidentiality:

Student will respect the personal privacy of clients and keep all client information confidential.

#### F. Professional Misconduct:

An act of "professional misconduct" as defined by the Health Discipline Act, 1914, may require the student to withdraw from from the program.

#### Attendance

Student will adhere to attendance policy (Revised May, 1989).

#### Uniform

Student will dress according to policy.

The student interacts in a facilitative and therapeutic manner with individuals and groups

The student (as per Year 1 & 2):

- 1. Initiates and maintains therapeutic relationships with all age groups
- 2. Assumes responsibility for the effect of own behaviour on other people
- 3. Is able to analyze and seeks to improve interpersonal relations and communication skills
- 4. Communicates effectively with nursing team and other health team members

The student demonstrates in nursing practice, a commitment to protect the inherent worth and dignity of man. The student:

- 1. Demonstrates behaviour which reflects a belief in man's worth and dignity.
- 2. Provides care that reflects the acceptance of each individual's cultural, ethnic and religious differences.
- 3. Assumes a client advocate role in nursing practice
- 1. Consistently involves the client in the decision-making process relative to his care (See Year 1 & 2, Year 3: II, B. 3)

The student accepts the responsibility of professional nursing. The student:

- 1. Practises nursing consistent with professional criteria (see V, Year 1, II cues)
- 2. Assumes accountability for own nursing practice (See Year 1 & 2)
- 3. Provides nursing care reflecting the ethical basis of nursing (as per year 1 & 2)
- 4. Chooses appropriate roles and functions in nursing practice
- 5. Organizes own nursing practice within the relevant legislative framework (see Year 1 & 2 cues)
- 6. Assumes responsibility for keeping informed of current moral and legal obligations in nursing practice
- 7. Practises nursing consistent with a philosophy of nursing

The student examines the relationship of the nursing profession to the health care system. The student:

- 1. Relates the nursing care plan to that of other health team members (See II. 2 c)
- 2. Analyzes the roles and responsibilities of the nursing profession relative to the structure of the health care system
- 3. Identifies nursing functions within the health care system (as per Year 1 & 2)
- 4. Supports the client's right to a quality health care system (read Patient Advocate, see IV, 3)
- 5. Describe how the change process may be used to facilitate nursing process

The student assumes responsibility for continuous personal and professional development (see Year 1 & 2). The student:

- 1. Assumes responsibility to continue self awareness process
- 2. Assumes responsibility for realistic goal setting, compatible with interests, strengths and weaknesses
- 3. Assumes responsibility for continuing own learning